A new vaping and smoking prevention resource for Ontario teachers

LUNGS are for Life! An easy way to add vaping & smoking prevention to your curriculum

Ready-to-distribute materials and quizzes

Each unit includes teacher-led activities

Available in English and French

Developed for use in grades 5 to 10

Engaging, evidence-based content Includes:

- What's in a vape
- How vaping and smoking harm the body
- Nicotine and mental health
- · And more!

www.lung.ca

Download here or scan here



Canadian Lung Association

B R F A T H F