

## Section 1. How the lungs work

### Activity



#### Materials

- flip-chart paper
- markers

### The respiratory system

1. Pick one student. Have them stand against the poster board and with a marker, outline their body from waist up.
2. Draw in the brain, nose, mouth, windpipe, esophagus, lungs (including the main bronchi, smaller bronchioles, and alveoli, the diaphragm and ribs).
3. For the next five minutes, explain how we breathe. Include interesting factoids about lungs.